

Children, Young People and Families a **BRIGHTER** future

Improving the Emotional Health & Wellbeing of
Children and Young People in Barnsley

Barnsley Governors Association AGM

18 October 2017

Margaret Libreri, Service Director, Education, Early Start & Prevention

Richard Lynch, Head of Service, Commissioning, Governance & Partnerships



365 for every child ... make every day count

BACKGROUND

- Increasing access to therapeutic support services to improve emotional health and wellbeing is a key priority of the children and young people plan, identified by all partners of the Children and Young People's Trust
- There are well-publicised issues with access to CAMH Services across the country.
- Future in Mind was the report of a Government taskforce looking into what has become a priority issue nationally
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf
- Required local partnerships to develop plans to address some of these issues

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- Our Future in Mind plan is addressing key priorities locally, particularly to improve access to support by developing service provision, including:
 - Establishing an Eating Disorder Service in CAMHS
 - Developing early access to therapeutic support for secondary phase pupils (MindSpace)
 - Reducing waiting times for CAMHS:
 - currently between 350 and 400 cyp will be on waiting list at any one time.
 - Waiting times to assessment are good (less than 2 weeks) but waits to treatment commencing can be up to 11 months.
 - Embedding use of THRIVE approach in Barnsley primary schools – currently 28 schools either trained or undergoing training
 - Developing pathways for vulnerable groups – eg LAC, YOT
- The local FiM plan can be accessed here
<http://www.barnsleyccg.nhs.uk/CCG%20Downloads/strategies%20policies%20and%20plans/Future%20in%20Mind%20-%20LTP%20Refresh%20October%202016.pdf>

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Special Educational Needs & Disabilities (SEND)

- Children with SEND are more vulnerable to poor emotional health and mental illness, particularly in later life.
- Pupils with a Learning Disability or Autistic Spectrum Disorders are especially vulnerable
- Seeing a growing demand for specialist provision to address Social, Emotional and Mental Health issues – accounts for the majority of out of borough placements.

Early Help

- Developing resilience is a key part of childhood and adolescence
- When ongoing issues become apparent, it is increasingly important that professionals know where children and young people can get help before the need for therapeutic support / CAMHS
- Schools tell us that they haven't always realised or utilised the full extent of early support services that are available – in community & schools
- Important that we all play our part in doing what we can to prevent issues escalating - schools play a key role in this