

Welcome to the launch of



**Mind
Space**

Rationale for change

April 2017 - The stakeholders meeting identified the majority of young people within the secondary schools were not aware of the early intervention service 4: Thought.

Consulted with the young people including the Oasis group.

Requested a change of name and a website with self help strategies.





Abuse

ADHD



Anxiety

Depression

**Eating
Disorders**

**Hearing
Voices**





Young People

MindSpace is a service for young people in the South Yorkshire area.
Find out if we are in your school [here](#). To book an appointment at
your school please fill out a form using the button below

URGENT HELP

BOOK APPOINTMENT



Mission Statement



Our Team

SCROLL FOR MORE

What we've achieved so far.....

Since November 2016 over 200 young people have received support.

Over 63 parents have accessed the service.

Chilypep commissioned and delivered Youth Mental Health First Aid training to over 124 staff across the mainstream secondary schools.



What's next.....

Chilypep are delivering bespoke mental health training to the secondary schools throughout 2017/18

Plans to extend the **MindSpace** Team to Early Years and Primary Schools across Barnsley.

Invest in volunteers to support the service.

Plans to create a town centre **MindSpace** mental health drop in centre for children, young people, parents and professionals.

MindSpace aims to tackle the stigma surrounding mental health difficulties, empower young people and their families by offering a range of self help strategies, providing a focus towards a future of positive mental health

